

A More Relaxed Way to Ride

Discover a more relaxed way to ride with a stable, versatile step-through bike that offers a recumbent design to comfortably distribute weight and maximize support.



R50 R30



| | R50 | R30 |
|------------------------|---|-------------------------------------|
| FRAME | Dual Form step-through recumbent | |
| PEDAL TYPE | Self-balancing with adjustable straps | |
| SEAT TYPE | Comfort Arc Seat with oversized reclining mesh seatback | Comfort Arc Seat with mesh seatback |
| SEAT ADJUSTMENT | Fore/Aft via easy-adjust lever | |
| FLYWHEEL | N/A | 10.5 kg / 23.1 lbs. |
| RESISTANCE SYSTEM | Exact Force Induction Brake | ECB magnetic braking system |
| RESISTANCE LEVELS | 30 levels, electronic | 20 levels, electronic |
| HANDLEBAR TYPE | Seat-mounted with heart rate grips and resistance toggles, front assist handles | |
| EXTRAS | Water bottle holder, step-assist platform | Water bottle holder |
| DIMENSIONS (L x W x H) | 183 x 64 x 136 cm / 72" x 25" x 54" | 158 x 64 x 121 cm / 62" x 25" x 48" |
| PRODUCT WEIGHT | 78 kg / 172 lbs. | 70 kg / 155 lbs. |
| USER WEIGHT CAPACITY | 159 kg / 350 lbs. | |
| CONSOLE | Choose from three console options to customize your workout experience. See reverse for more information. | |

JOHNSON EXCLUSIVE TECHNOLOGIES

At Johnson Health Tech, we invest in advanced technology that completely redefines the exercise experience. These unique features are exclusive to our premium products, so you won't be able to find them anywhere else.



Our Dual Form Frame significantly improves rider stability over single-post designs and offers a low step-through height for easy access.



Our Comfort Arc Seat is ergonomically molded to provide unmatched comfort, support and balance during workouts.



Exact Force Induction Brake offers instant, smooth, precise resistance changes at the push of a button, and with no moving parts, it's quieter and more durable as well.



XIR

THE ULTIMATE IN ENTERTAINMENT

Our finest console includes a stunning HD display and an intuitive home screen that offers easy access to entertainment. Includes expanded Bluetooth connectivity to user devices.



XER

INTUITIVE APP INTERFACE

Our XER console includes a clear display and an intuitive home screen that offers easy access to entertainment. Includes Bluetooth connectivity.



XR

SIMPLY PERFECT

Our XR console features a clean, bright display that makes it easy for you to check your workout data at a glance, keeping you on track to reach and surpass your goals.


| CONSOLES | XIR | XER | XR |
|---------------------------|--------------------------|-----------------------|--------------------------|
| DISPLAY | 16" class HD touchscreen | 10" class touchscreen | 8.5" Extra-wide blue LCD |
| WORKOUT PROGRAMS | ● (11) | ● (10) | ● (5) |
| BLUETOOTH ENABLED | ● | ● | ● |
| SPEAKERS | ● (5W) | ● (3W) | ● |
| USB PORT | ● | ● | ● |
| CONSOLE APPS (SEE RIGHT) | ● | ● | ● |
| VIRTUAL ACTIVE INTEGRATED | ● | ● | ● |
| VIEWFIT CONNECTIVITY | ● | ● | ● |
| PASSPORT READY | ● | ● | ● |
| WIRELESS HEART RATE | ● | ● | ● |
| POLAR HR STRAP INCLUDED | ● | ● | ● |
| READING RACK | ● | ● | ● |
| ENERGY SAVER MODE | ● | ● | ● |

CONSOLE APPS


Product includes some applications that require service agreements with the content providers of those applications. Service agreements with those third parties may not be available in your country.
* XIR only.

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Our integrated ViewFit connectivity system sends workout data to the fitness apps and tools you already use. It also makes it easy to share data in your favorite social networks.



This scientifically validated high-intensity interval training program burns fat and builds muscle in short workouts that anyone can fit into their schedule.



Passport compatibility makes it easy to experience the global HD destination footage of our immersive Virtual Active program on your big screen.